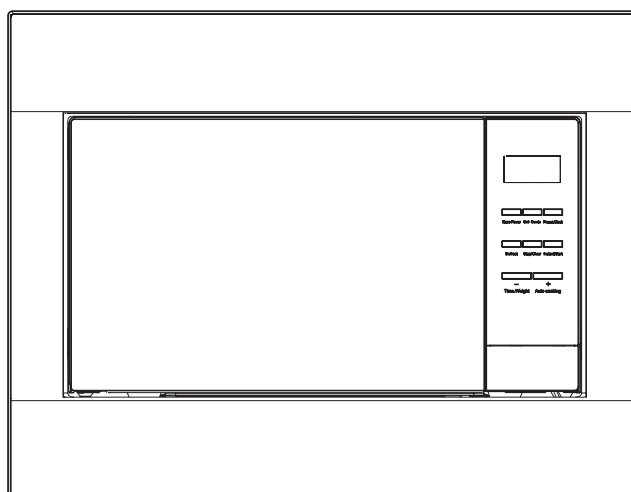


Built-in Microwave Oven With Grill

HJA7040

HJA7040 with Trim Kit HJA7041



Installation & User Instructions

LAMONA

Exclusive to Howdens Joinery Co.

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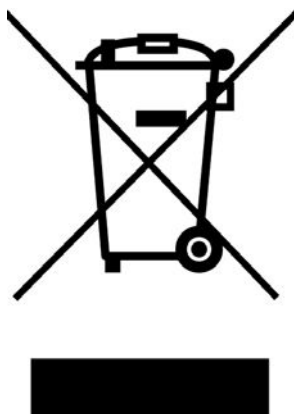
ENVIRONMENTAL NOTE

This appliance is marked according to the European directive 2002/96/EC on Waste Electrical and Electronic Equipment (WEEE). By ensuring this product is disposed of correctly, you will help prevent potential negative consequences for the environment and human health, which could otherwise be caused by inappropriate waste handling of this product.

The symbol on the product, or on the documents accompanying the product, indicates that this appliance may not be treated as household waste. Instead it shall be handed over to the applicable collection point for recycling of electrical and electronic equipment.

Disposal must be carried out in accordance with local environmental regulations for waste disposal.

For more detailed information about treatment, recovery and recycling of this product, please contact your local city office, your household waste disposal service or the shop where you purchased the product.



- The packaging materials that Lamona uses are environmentally friendly and can be recycled
- Please discard all packaging material with due regard for the environment.

SAFETY INFORMATION



Your safety is of the utmost importance to Lamona. Please make sure that you read this instruction booklet before attempting to install or use the appliance. If you are unsure of any of the information contained in this booklet, please contact the Lamona Advice Line.

General Information

- This appliance is designed for domestic household use. It can **NOT** be used as a freestanding microwave and must be built in to a standard kitchen cabinet or housing unit (see the section entitled "Installation" below).
- You should only operate the appliance when the turntable and turntable support are in position.
- You should only use ovenware that is suitable for being used in a microwave.
- To prevent corrosion occurring due to moisture/condensation, the cavity and the door of the microwave should be wiped dry after each use of the appliance.
- The appliance must not be left unattended if you are heating or cooking food in containers that are made of paper, plastic or other flammable materials. If left unattended, they could pose a **fire hazard**.
- If you notice smoke coming from the appliance, you should keep the door of the microwave closed and then disconnect it from your mains supply. **DO NOT** use your microwave oven, if you think it is not operating correctly.

Installation

- **IMPORTANT:** Only the built in installation sanctioned by Lamona and outlined in this manual should be followed.
- A separate building in kit will be supplied with the microwave, to allow you to complete a built in installation.
- **IMPORTANT:** The adjacent furniture or housing and all materials used in the installation **MUST** be able to withstand a minimum temperature of 85°C above the ambient temperature of the room it is located in, whilst in use.
- Certain types of vinyl or laminate kitchen furniture are particularly prone to heat damage or discolouration at temperatures below the guidelines given above.
- Any damage caused by the appliance being installed in contravention of this temperature limit, or by placing adjacent cabinet materials closer than 4mm to the appliance, will be the liability of the owner.
- For use in leisure accommodation vehicles, please refer to the appropriate information given in the installation instructions for this appliance.
- The use of this appliance for any other purpose or in any other environment without the express agreement of Lamona will invalidate any warranty or liability claim.

- Your new appliance is guaranteed against electrical or mechanical defects, subject to certain exclusions that are noted in Lamona's Conditions Of Guarantee. The foregoing does not affect your statutory rights.

Service

- Your microwave complies with all relevant safety standards. In order for it to continue to operate safely, **only an engineer that is approved by the Lamona Customer Care Department should work on the appliance.**
- **IMPORTANT:** It is dangerous for a non qualified person to work on the appliance, in particular if they remove the cover that provides protection against exposure to microwave energy.
- If you notice that the door seal, door surfaces, power cord and plug are damaged. You should stop using the appliance, disconnect it from the mains supply and contact the Lamona Customer Care Department.
- Only genuine Lamona spare parts should be fitted to your appliance. These can be obtained from the Lamona Spares Department.

Warning and safety instructions

- This appliance complies with all current European safety legislation. Lamona do wish to emphasise that this compliance does not remove the fact that the appliance surfaces **will** become hot during use and retain heat after operation.
- **DO NOT** place anything between the door and the door frame.
- **DO NOT** store anything that is flammable inside of the microwave. When it is switched on, the items could catch fire.
- **DO NOT** switch the appliance on if there is no food or liquid inside of the microwave. If you run the microwave whilst it is empty, there is a chance that it will overload.
- The door seals and the door surfaces should ALWAYS be kept clean and free from debris.

Child Safety

- Lamona strongly recommend that babies and young children are prevented from being near to the appliance and not allowed to touch the appliance at any time.
- If it is necessary for younger family members to be in the kitchen, please ensure that they are kept under close supervision at all times.
- **IMPORTANT:** This appliance should only be operated by adults. You **SHOULD NOT** allow young children to use the microwave without supervision. Older children should only operate the appliance if they have been thoroughly instructed on how to use the microwave and the consequences of improper usage.

General Safety

- **DO NOT** allow electrical fittings or cables to come into contact with areas on the appliance that get hot.
- **DO NOT** use the appliance to heat the room it is located in.

- **DO NOT** use the appliance to dry paper, textiles or animals.
- **DO NOT** install the appliance next to curtains or soft furnishings.
- **DO NOT** use the appliance to heat unopened bottles or cans etc.
- **DO NOT** heat cooking oil or liquid containing alcohol, as there is the chance of spontaneous combustion.
- **DO NOT** boil eggs or similar foods in their shells, otherwise they may burst. It is possible to poach eggs in your microwave, providing you prick the yolks first. Do not attempt to lift or move cooking appliances by using the oven door, as this may cause damage to the appliance or result in injury to the person lifting the appliance.

Cleaning

- Cleaning of the oven should be carried out on a regular basis.
- Great care should be taken whilst using this appliance and when following the cleaning procedure.
- **IMPORTANT:** The appliance must be disconnected from the mains before following the cleaning procedure.

Installation



This appliance must be correctly installed by a suitably qualified person, strictly in accordance with the manufacturer's instructions.

- Lamona declines any responsibility for injury or damage, to person or property, as a result of improper use or installation of this appliance.
- Heat, steam and moisture will be created during use of the appliance, take care to avoid injury and ensure that the room is adequately ventilated. If the appliance is going to be used for prolonged periods of time, then additional ventilation may be required.
- Please consult with your qualified installer if you are in any doubt about the amount of ventilation that you will require.

Declaration of conformity

- CE: Appliance conforming to the European directives 89/336/EEC, 93/68/EEC, 73/23/EEC and subsequent revisions and "RoHS" directive 2002/95/CE.*
- The manufacturer declares that the oven is built using certified materials and requires the appliance to be installed in accordance with the standards currently in force. This appliance must be used by a trained person for domestic purposes only.
- The RoHS directive stands for "the restriction of the use of certain hazardous substances in electrical and electronic equipment". This directive bans the placing on the EU market of new electrical and electronic equipment containing more than the agreed levels of lead, cadmium, mercury, hexavalent chromium, polybrominated biphenyl (PBB) and polybrominated diphenyl ether (PBDE) flame retardants

SPECIFICATIONS

Product dimensions

Height: 265.2 mm
Width: 485.0 mm
Depth: 369.2 mm

Facia dimensions

Height: 458.5 mm
Width: 593.5 mm
Depth: 18.0 mm

Aperture dimensions

Height: 460 mm
Width: 514 mm
Depth: 550 mm

* Please refer to the installation instructions contained in this user manual, to see the ventilation gaps you will need to leave around the appliance.

Product specifications

- 5 power levels
- 13 programs
- 8 auto-programs
- Electronic control operation
- LED display
- Clock
- Safety lock
- Interior light
- Weight control auto-programs
- Quartz grill mode
- Stainless steel exterior and interior
- Viewing window
- Capacity: 23 litres
- MAX microwave power: 900 W
- MAX grill power: 1000W

For future reference please record the following information which can be found on the rating plate and the date of purchase which can be found on your sales invoice. The rating plate for your oven can be located by opening the microwave oven door and looking on the right hand side of the chassis and/or on the rear of the appliance.

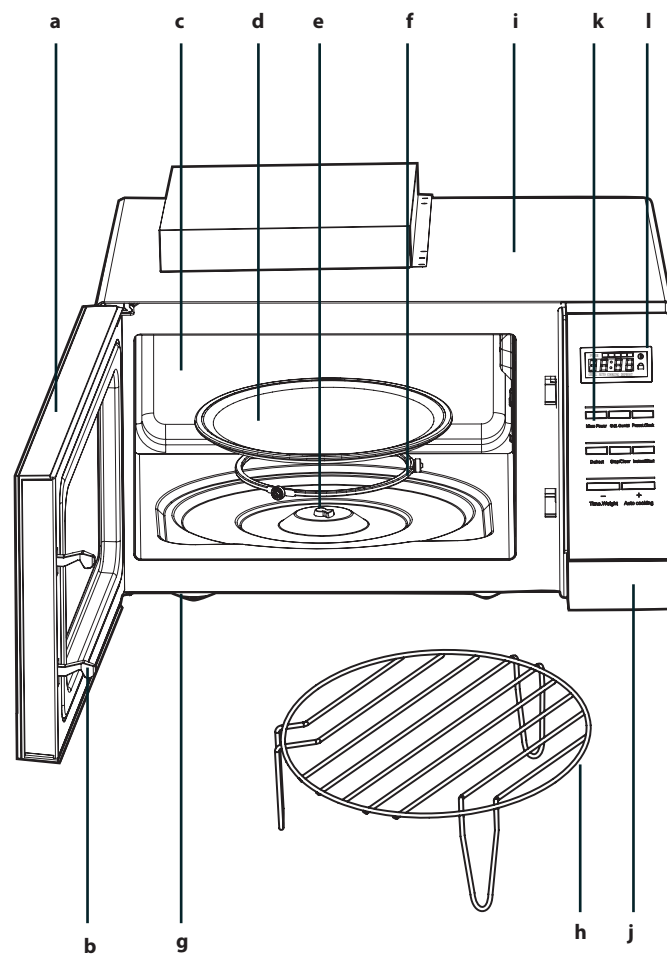
Model Number

Serial Number

Date of Purchase

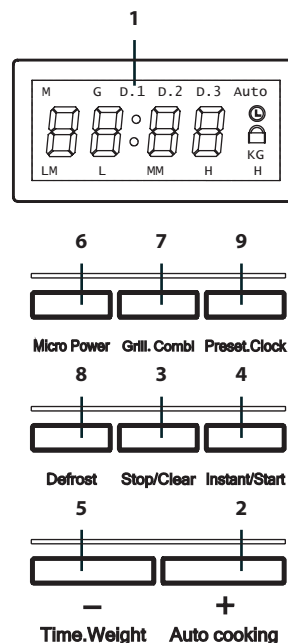
Description of the appliance

a)	Oven door	g)	Oven foot
b)	Door interlock	h)	Grill rack
c)	Oven cavity	i)	Microwave housing
d)	Glass turntable	j)	Door open button
e)	Rotating axis	k)	Control buttons
f)	Rotating ring	l)	LED Display



Control panel

- 1) **LCD display.**
This display shows the clock time, cooking mode and remaining operation time.
- 2) **Auto cooking / plus button.**
Press this button to select auto-cooking mode or to increase the weight or cooking time when setting a program.
- 3) **Stop / clear button.**
Press this button once to cancel any input programs and resume the first stage or to stop the oven operation. Press this button twice to cancel a cooking program.
- 4) **Instant / start button.**
Press this button to begin a chosen program.
- 5) **Time and weight / minus button.**
Use this button to decrease the weight or cooking time when setting a program.
- 6) **Micro power button.**
Use this button to set the power level for the microwave cooking mode.
- 7) **Grill, combi button.**
Press this button to enter the grill and grill and microwave combination cooking mode.
- 8) **Defrost button.**
Press this button to enter the defrost mode.
- 9) **Preset, clock button.**
Use this button to set a pre-set cooking time or to set the time of day.



The turntable

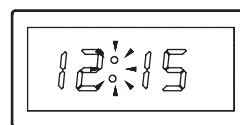
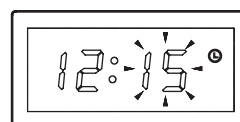
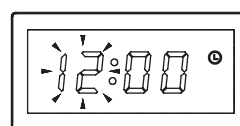
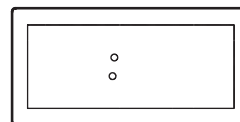
- Never place the rotating plate upside down.
- The rotating plate and rotating base **MUST** always be used during cooking.
- All food and food containers must **ALWAYS** be placed on the rotating plate during cooking.
- If the rotating plate or rotating base cracks or breaks, it must be replaced immediately. Genuine Lamona parts can be obtained from the Lamona Spares Department.



USING YOUR MICROWAVE

Setting the clock

- When your microwave is connected to the power supply, you can set the clock to the correct time of day.
- Press the clock button **(9)** to enter the time setting mode.
- The hour digits will flash. Use the plus **(2)** and minus **(5)** buttons to set the current hour.
- Press the clock button **(9)** again to confirm.
- The minute digits will flash. Use the plus **(2)** and minus **(5)** buttons to set the current minutes.
- Press the clock button **(9)** again to confirm the time or wait 5 seconds and the time will be automatically set.



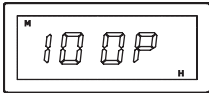
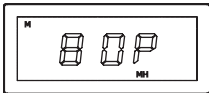
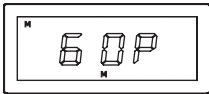
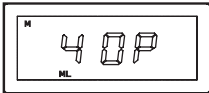
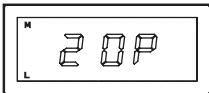
Before first use

- To remove any residue from the oven that may have been left from the manufacturing process, you should place a cup that is half filled with water in the microwave.
- Set the microwave on its highest power level for 2 minutes.
- The oven cavity and outside of the appliance should be cleaned with warm soapy water, using either a sponge or soft cloth. No abrasive cleaners should be used. The appliance should be thoroughly dried afterwards.
- We would recommend that an appropriate stainless steel cleaner and polish is regularly used on the stainless steel surfaces of this appliance.

Microwave cooking

- Once the clock has been set, your microwave is then ready to use.
- Check that the rotating plate and rotating base are correctly assembled in the cavity. **NEVER** use the grill rack during microwave cooking.
- Place whatever you are cooking in the centre of the microwave cavity and then close the microwave door. **IMPORTANT:** You should make sure that the door of the microwave is shut securely.

- After initially supplying power to the appliance, the colon on the LCD display will flash, Press the stop / clear button **(3)** to enter manual mode.
- Press the micro power button **(6)** repeatedly to select the required cooking power from the following options: **100P>80P>60P>40P>20P**. Please see the table below for a power level guide.
- Use the plus **(2)** and minus **(5)** buttons to set the desired cooking time. The maximum time available is 60 minutes.
- Press the instant / start button **(4)** to begin the cooking function. The LCD display will count down the remaining time.
- It is possible to change the cooking time during operation, using the plus and minus buttons.
- It is recommended that food is turned half way through the cooking process to ensure proper cooking results. Press the instant / start button **(4)** to continue the cooking process after turning the food.
- If you intend to remove the food before the cooking time is reached, you **MUST** press the stop / clear button **(3)** to avoid unintended operation during next usage.

LED Display	Microwave power level	Power level suitable for...
	Full power (100%)	Meat and vegetables
	Medium/high power (80%)	Eggs, fish, rice, soup
	Medium power (60%)	Steaming food
	Medium/low power (40%)	Defrosting food
	Low power (20%)	Keeping food warm

- **IMPORTANT:** The inside of the microwave and the food that you have been cooking may be extremely hot. So care should be taken when removing items from the microwave. We would recommend that you use an oven glove.
- After the food has been removed from the microwave, you should make sure that the door is closed

Grill/grill combi mode



IMPORTANT: When using the grill and/or grill combi mode, the inside of the oven, grill rack and cooking containers may become extremely hot. YOU MUST use an oven glove when removing items from the cavity.

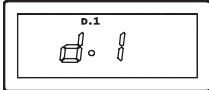
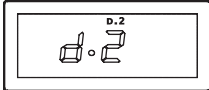
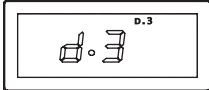
- Check that the rotating plate and rotating base are correctly assembled in the cavity.
- Place whatever you are grilling in the centre of the microwave cavity on the grill rack and then close the microwave door. **IMPORTANT:** You should make sure that the door of the microwave is shut securely.
- There is no need to preheat the cavity when using any of the grill modes.
- After initially supplying power to the appliance, the colon on the LCD display will flash. Press the stop / clear button **(3)** once to enter manual mode.
- Press the grill, combi button **(7)** repeatedly to select the required grill function from the following options: **G > C1 > C2**. Please see the table below for a grill cooking function guide.
- Use the plus **(2)** and minus **(5)** buttons to select the required cooking time.
- Press the instant / start **(4)** to begin the chosen cooking function. The LCD display will countdown

the remaining cooking time.

LED Display	Description	Suitable for...
	Grill cooking only	Grilling and browning thin meats, pork, sausage and chicken wings.
	Grill and microwave cooking	The microwaves will penetrate thicker food, alternating with the grill element, which will brown and crisp off the food.
	Grill and microwave cooking	As C1, but the grill element remains on for longer periods of time.

Automatic defrost

- Check that the rotating plate and rotating base are correctly assembled in the cavity.
- Place whatever you are grilling in the centre of the microwave cavity on the grill rack and then close the microwave door. **IMPORTANT:** You should make sure that the door of the microwave is shut securely.
- After initially supplying power to the appliance, the colon on the LCD display will flash. Press the stop / clear button **(3)** once to enter manual mode.
- Press the grill, defrost button **(8)** repeatedly to select the required defrost level from the following options: **d1 > d2 > d3**. Please see the table below for a grill cooking function guide.
- Set the appropriate weight of the food you wish to defrost using the plus **(2)** and minus **(5)** buttons..
- Press the instant / start **(4)** to begin the chosen cooking function. The LCD display will countdown the remaining cooking time.
- Start the defrost function by pressing the instant / start button **(4)**. The LCD display will show the remaining defrost time which the appliance has calculated, based on the information you have programmed.
- Half way through the defrosting time, 3 beeps will sound to prompt you to turn over the food to ensure thorough defrosting. Press the instant / start button again to continue the defrosting process once the food has been turned.
- If you do not turn the food over, the defrosting cycle will continue automatically.

LED Display	Defrost level suitable for...	Weight range (kg)
	Defrosting meat	0.1 – 2.0
	Defrosting poultry	0.2 – 3.0
	Defrosting seafood	0.1 – 0.9

- Usually the defrosting process will take a longer time to complete than cooking the food. If the food can be cut by a knife, this usually indicates the defrosting is complete.
- For optimum defrosting results, see the instructions in the table below for defrosting specific foods.

Defrosting guidelines

- Only use microwave-safe dishes for defrosting (porcelain, glass, suitable plastic).
- The defrosting time depends on the quantity and weight of the food that you are defrosting. When freezing, you should split the food into quantities that are suitable for defrosting in the microwave.
- Distribute the food as evenly as possible within the microwave cavity. The thickest parts of fish or chicken legs should be placed on top.
- The thicker parts of the food should be turned around several times during the defrosting process.
- Foods that are rich in fats, such as butter, cottage cheese and cream should not be entirely defrosted. If they are at room temperature, they will be ready to serve within a few minutes. If cream are deep frozen and little bits of ice remain on the top of it, the cream should be whipped before eating.
- Bread should be wrapped in a napkin so that it does not get too dry when being defrosted.
- Remove frozen food from its packaging and do not forget to remove any metal clips. If the containers are suitable for placing in a freezer and a microwave, then you can simply remove the lid.
- The liquid that is created during the defrost process, particularly in the case of poultry should be discarded. Under no circumstances should it come into contact with other foods.
- A resting period is required when defrosting food, to ensure that the food is totally defrosted. This normally takes between 15 – 20 minutes.

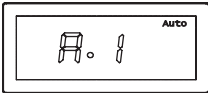
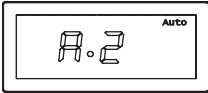
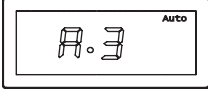
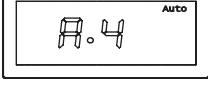
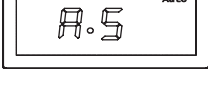
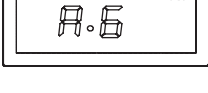
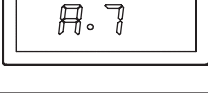
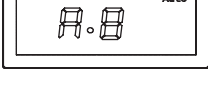
Defrosting Table

Food	Defrosting guidance
Steak / chops	<ul style="list-style-type: none"> • Shield the thin end of the chops or steak with foil. • Position the food with thinner parts in the centre in a single layer on a shallow dish. If pieces are stuck together, try to separate as soon as possible. • When the oven beeps, you should turn the food over. Rearrange and shield the defrosted portions. • After the defrost time, stand the food covered with aluminium foil for 5-15 minutes.
Minced beef	<ul style="list-style-type: none"> • Place the frozen minced beef on a shallow dish and shield the edges. • When the oven beeps you should turn the food over. Remove the defrosted portions and shield the edges with foil strips. • After the defrost time, stand the food covered with aluminium foil for 5-15 minutes.
Roast meat (beef / pork / lamb)	<ul style="list-style-type: none"> • Shield the edges with foil strips. • Place the joint with the lean side facing upwards if possible on a shallow dish. • When the oven beeps you should turn the food over and shield the defrosted portions. • After the defrost time stand the food covered with aluminium foil for 10-30 minutes.
Poultry	<ul style="list-style-type: none"> • Remove from the original wrapper. Shield the wing and leg tips with foil. • Place the breast side down on a shallow dish. • When the oven beeps you should turn the food over and shield the defrosted portions. • After the defrost time, stand the food covered with aluminium foil for 15-30 minutes. • After standing, run under cold water to remove giblets if necessary.
Chicken pieces (chicken wings and drumsticks)	<ul style="list-style-type: none"> • Shield the exposed bone with foil. Place the chicken pieces on a shallow dish. • When the oven beeps you should turn the food over, rearrange and shield the defrosted portions. • After the defrost time, stand the food covered with aluminium foil for 5-30 minutes.

Automatic cooking

The oven has a default cooking menu for simple operation. Choose the appropriate menu according to the food type and weight and strictly observe the directions of the table below, otherwise the cooking effect may be largely influenced.

- The automatic cooking times are suitable for food that is stored at room temperature.
- The temperature, weight and shape of the food will all influence the final cooking results. It is possible to adjust the cooking times to suit personal preference using the plus and minus buttons while cooking is in progress.
- Check that the rotating plate and rotating base are correctly assembled in the cavity.
- Place whatever you are cooking in the centre of the microwave cavity and then close the microwave door. **IMPORTANT:** You should make sure that the door of the microwave is shut securely.
- After initially supplying power to the appliance, the colon on the LCD display will flash. Press the stop / clear button **(3)** once to enter manual mode.
- Choose the desired menu by pressing the auto cooking button **(2)** and then the minus **(5)** and plus **(2)** buttons from A1 to A8.
- Start the cooking function by pressing the instant / start button **(4)** and the LCD display will count down the remaining cooking time.

Display	Category	Directions
	Popcorn	Suitable for popping a bag of corn which is available on the market weighing 85g. During the cooking process, if the popping speed has decreased to 1 time per 1-2 seconds you should press the stop / clear button to end the process.
	Popcorn	Same as A.1 except with a weight of 100g.
	Pizza	To warm a piece of chilled pizza of 0.15kg.
	Beverage	Heating a cup of 250ml liquid. The liquid temperature should be 5-10°C. Use a big mouthed cup and do not seal.
	Beverage	Heating a cup of 500ml liquid. The liquid temperature should be 5-10°C. Use a big mouthed cup and do no seal.
	Potato	To cook potato strips, cut into 5mm width and height lengths with a total weight of 0.45kg. Place the strips on a large dish and cover with thin film to prevent water loss.
	Potato	Same as A.6 except the weight of the potato strips is about 0.65kg.
	Fish	Suitable for steaming a fish of 0.45kg. After the fish is washed and the scales are removed, make slits in the skin. Put the fish on a shallow dish of 22-27cm diameter and cover with a thin film to prevent water loss. After cooking leave to stand for 2 minutes.

Setting multiple cooking phases

It is possible to set the microwave to cook at different power levels within a single cooking time. A maximum of 4 cooking phases can be programmed for one cycle.

- Press the micro power button **(6)** or the grill, combi button **(7)** to select the first cooking phase function required.
- Use the plus **(2)** and minus **(5)** buttons to set the desired cooking time.
- Press the micro power button **(6)** or the grill, combi button **(7)** to select the second cooking phase function required.
- Use the plus **(2)** and minus **(5)** buttons to set the desired cooking time.
- Repeat these steps a maximum of 4 times to create your desired cooking program.
- Start the cooking process by pressing the instant / start button **(4)**.
- After the food has been removed from the microwave, you should make sure that the door is closed.

Setting a delay start

This function will allow you to set a time in the future that the microwave will switch on at.

- **IMPORTANT:** You must make sure that the clock is set to the correct time before using this feature.
- **IMPORTANT:** It is not possible to set a delay start when using automatic cooking, automatic defrost or quick start.
- Press the micro power button **(6)** or the grill, combi button **(7)** to select the required cooking mode.
- Use the plus **(2)** and minus **(5)** buttons to set the length of cooking time needed.
- Press and hold the clock button **(9)** for 3 seconds until a beep sounds.
- Use the plus **(2)** and minus **(5)** buttons to select the hour you wish the cooking program to start. Press the clock button **(9)** again and set the minutes past the hour at which you wish the cooking program to begin.
- Press the clock button **(9)** to confirm the set time and the delayed cooking function will be activated. You can view the starting time by pressing the clock button.

IMPORTANT: If the microwave door is not shut when the time of day that you have programmed is reached, then cooking will not commence



IMPORTANT: Although your microwave has a delay start feature, we do not recommend that the microwave is EVER programmed to switch on when it is unattended.

Materials you can use in a microwave oven

Material	Remarks
Aluminium foil	To be used for shielding only. Small smooth pieces can be used to cover thin parts of meat or poultry to prevent overcooking. Arcing can occur if foil is too close to the cavity walls. The foil should be at least 2.5 cm away from the cavity walls.
Browning dish	Follow the manufacturer's instructions. The bottom of the browning dish must be at least 5 mm thick above the turntable. Incorrect usage may cause the turntable to break.
Dinnerware	Microwave-safe only. Follow the manufacturer's instructions. Do not use cracked or chipped dishes.
Glass jars	Always remove the lid. Use only to heat food until just warm. Most glass jars are not heat resistant and may break.
Glassware	Heat-resistant oven glassware only. Make sure there is no metallic trim. Do not use cracked or chipped dishes.
Oven cooking bags	Follow the manufacturer's instructions. Do not close with a metal tie. Make slits in the bag to allow steam to escape.
Paper plates and cups	Use for short-term cooking/warming only. Do not leave the oven unattended whilst cooking.
Paper towels	Use to cover food for reheating and absorbing fat. Use under supervision and for short-term cooking only.
Parchment paper	Use as a cover to prevent splattering or as a wrap for steaming
Plastic	Microwave-safe only. Follow the manufacturer's instructions. It should be labelled as "microwave safe". Some plastic containers soften as the food inside gets hot. "Boiling bags" and tightly closed plastic bags should be slit, pierced or vented, as described by the package.
Plastic wrap	Microwave-safe only. Use to cover food during cooking to retain moisture. Do not allow the plastic wrap to touch the food.
Thermometers	Microwave-safe only. Meat and candy thermometers.
Wax paper	Use as a cover to prevent splattering and to retain moisture.

Materials not to be placed in a microwave oven

Material	Remarks
Aluminium tray	May cause arcing. Transfer food into a microwave-safe dish.
Food carton with metal handle	May cause arcing. Transfer food into a microwave-safe dish.
Metal or metal-trimmed utensils	Metal shields the food from microwave energy. The metal trim may cause arcing.
Metal twist ties	May cause arcing and could cause a fire in the oven.
Paper bags	May cause a fire in the oven.
Plastic foam	Plastic foam may melt or contaminate the liquid inside when exposed to a high temperature.
Wood	Wood will dry out when used in the microwave oven and may split or crack.

Utensils table

Cookware	Microwave	Grill	Combination*
Heat-resistant glass	Yes	Yes	Yes
Non heat-resistant glass	No	No	No
Heat-resistant ceramics	Yes	Yes	Yes
Microwave-safe plastic dish	Yes	No	No
Kitchen paper	Yes	No	No
Metal tray	No	Yes	No
Metal rack	No	Yes	No
Aluminium foil and foil containers	No	Yes	No

* Combination mode applies to microwave + grill mode.

Safety lock

- When the microwave is not heating, it is possible to switch on the safety lock.
- Press and hold the stop / clear button **(3)** for 3 seconds until the LCD display shows the word "OFF".
- Until the safety lock is switched off, all control buttons on the microwave will be disabled.
- To switch off the safety lock, press and hold down the stop / clear button until the colon reappears on the LCD display.

Microwave cooking guidelines

- If you are heating liquid in the microwave, then you must also place a teaspoon in the container. This will ensure that the liquid does not boil suddenly after being removed from the microwave cavity.
- This phenomenon is called "delayed boiling", this means that a liquid can be close to boiling point, even if there is no steam coming off the liquid or the liquid is not bubbling. If the liquid container is even gently shaken, then the liquid can without warning boil over or even spurt. This could scald the end user.
- If the food you are cooking has a skin or peel (e.g. sausages, tomatoes, potatoes etc), then you should pierce the skin or peel with a fork. This will ensure that if steam is created during the heating process, it can escape and the food will not burst.
- When heating baby food, the bottle or jar containing the food should **NEVER** have a top or lid on. After cooking, to ensure that the food has been heated uniformly, you should stir or shake the food.
IMPORTANT: You must check the temperature of the food before feeding it to a child.
- When heating food in a microwave, it will transmit the heat to the container that the food is in or on. You should **ALWAYS** use oven gloves when removing items from the microwave.
- You should make sure that you do not cook food for too long or at too high a power level. This could cause certain areas of the food to dry out or even ignite.
- You should not use ceramic or porcelain crockery, or porous earthenware inside of your microwave. These dishes could absorb moisture from the food whilst it is cooking, which could cause pressure to build up and shatter the dish.
- If you are heating certain foods and any liquid, moisture will evaporate and condensation may occur. This does not indicate that the appliance is faulty and it can be particularly noticeable if the ambient temperature of the room is high.
- **IMPORTANT:** Any condensation should be wiped up with a soft cloth as soon as you have finished using the microwave.
- After the cooking time has completed, you should let the food stand for a few minutes. This is called "standing time" and will allow the heat generated by the microwave to spread evenly throughout the food.

CLEANING & MAINTENANCE



Cleaning operations must only be carried out when the oven is cool.
The appliance should be disconnected from your mains supply before commencing any cleaning process.

The appliance exterior

- You should wipe over the front of the appliance with a soft cloth and warm water mixed with a little washing up liquid.
- **DO NOT** use abrasive cleaners or sharp objects to clean the front surface of the microwave.

The appliance interior

- You should wipe over the inside of the appliance with a soft cloth and warm water mixed with a little washing up liquid.
- You should pay particular attention to the door seal and the surrounding area.
- **DO NOT** use abrasive cleaners or sharp objects to clean the inside of the microwave.

Rotating plate and rotating base

- The rotating plate and rotating base should be removed from the microwave for cleaning purposes after each use.
- Clean the rotating plate and rotating base in warm water mixed with a little washing up liquid.

General cleaning advice

- **IMPORTANT:** Any condensation should be wiped up with a soft cloth as soon as you have finished using the microwave.
- To remove odours from inside of the microwave, you should boil one cup of water mixed with several tablespoons of lemon juice inside of the cavity.
- The microwave should be thoroughly cleaned before it is operated for the first time and after each use. This will avoid residual food stuffs becoming baked on the oven cavity. After residues have been baked on several times, they are far more difficult to remove.
- Never clean the oven surfaces by steam cleaning.
- We would recommend that an appropriate stainless steel cleaner and polish is regularly used on the stainless steel surfaces of this appliance.
- If you use any form of oven cleaner on your appliance, then you must check with the manufacturer of the cleaner that it is suitable for use on your appliance.
- Any damage that is caused to the appliance by a cleaning product will not be fixed by Lamona free of charge, even if the appliance is within the guarantee period.

INSTALLATION



IMPORTANT: This installation must be completed by a suitably qualified person. Lamona only sanction the installation given in this instruction manual. Before beginning to install your appliance, check that there is no sign of damage (on the inside or the outside of the microwave), and that there are no packing materials or accessories inside the cavity. Remove any protective film on the microwave.

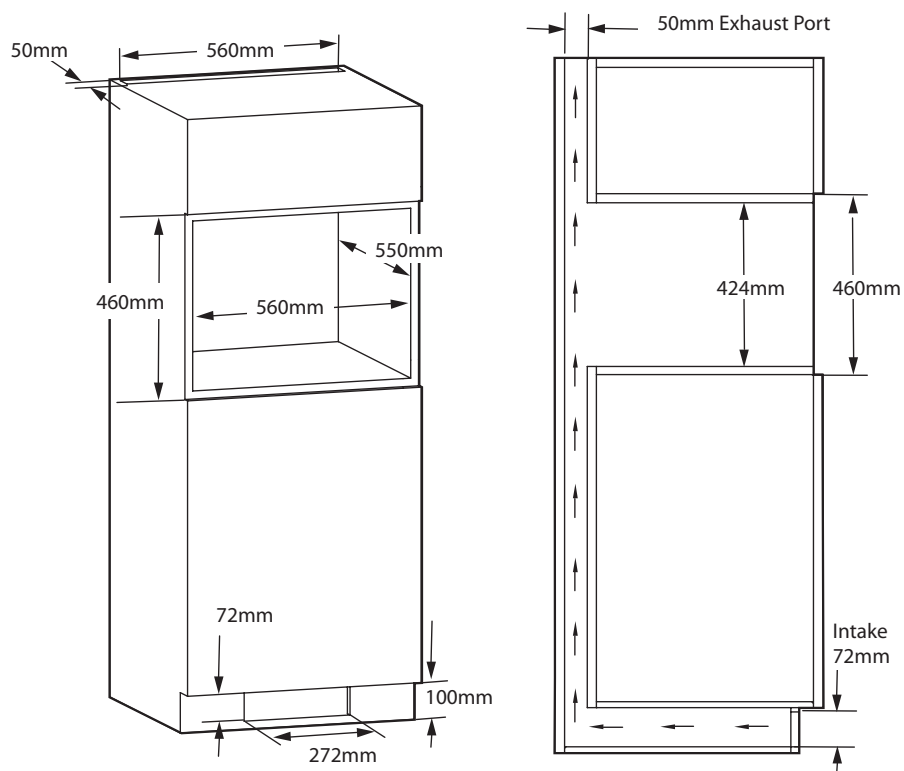
Electrical connection

- Your microwave is intended for fitted and permanent installation.
- Before connecting the appliance, make sure that the supply voltage marked on the rating plate corresponds with your mains supply voltage.
- We recommend that the appliance is connected by a qualified electrician, who is a member of the N.I.C.E.I.C. and who will comply with the I.E.E. and local regulations.
- **WARNING: THIS APPLIANCE MUST BE EARTHED.**
- This appliance is supplied with a moulded plug, which must be connected to an earthed socket.
- If in future you need to change the fuse in this plug, then a 13 amp ASTA approved (BS 1362) fuse must be used.
- If the earthed socket is not accessible after the appliance is installed. Then the microwave must be wired into a 13 A double pole switched fused spur outlet, having 3 mm contact separation and placed in an easily accessible position adjacent to the appliance. The spur outlet must still be accessible even when your microwave is located in its housing.
- The wiring in the mains lead is coloured as follows:

Brown	Live
Blue	Neutral
Green and yellow	Earth

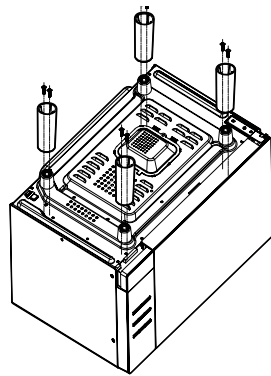
- As the colours of the wires in the appliance's mains lead may not correspond with the coloured markings identifying the terminals in your spur box, please proceed as follows:
- The brown wire must be connected to the terminal marked "L" (live), or coloured red.
- The blue wire must be connected to the terminal marked "N" (neutral), or coloured black.
- The green and yellow wire must be connected to the terminal marked "E" (earth), or by the earth symbol, or coloured green and yellow.
- When the connection is completed, no stray strands or cut wire should be present. The cord clamp must be secured over the outer sheath.
- Broken or damaged power leads must only be replaced by a suitably qualified person. A power lead of a similar type must be used in replacement.

Aperture and ventilation requirements

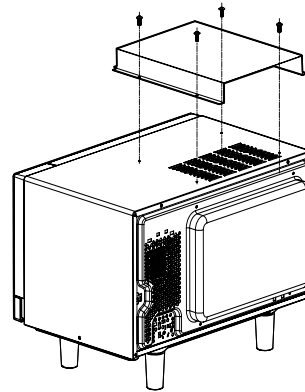


- The diagrams above show the aperture and ventilation requirements that you require to build the appliance into a housing unit.
- Ensure that the rear panel of the furniture housing unit has been removed.
- This oven may be installed without any additional ventilation cut outs being made in the housing unit. However the ventilation cut shown in the diagram **MUST** be present, otherwise the microwave oven may not function correctly.
- Do not cover the ventilation slots or air intake points.

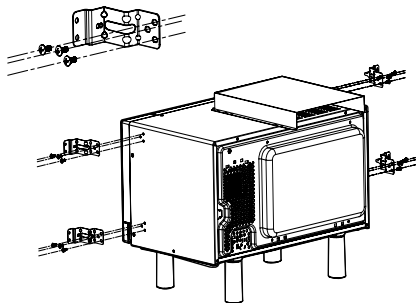
Installation



1. Connect foot extensions to the microwave by placing them over the existing fitted feet. Ensure pins on the extension feet align with the apposing holes, and secure in position with screws provided.

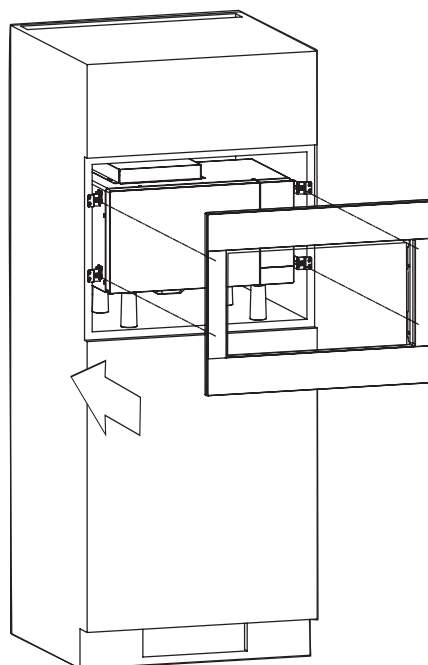
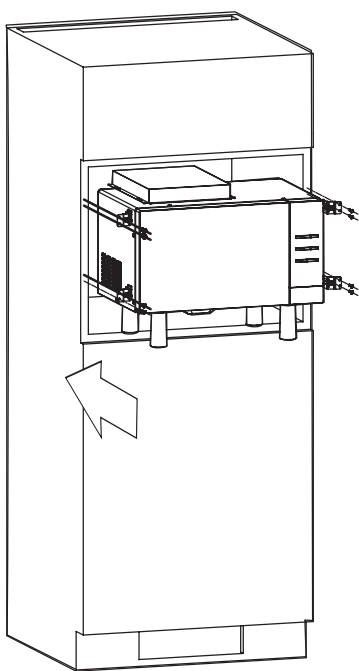
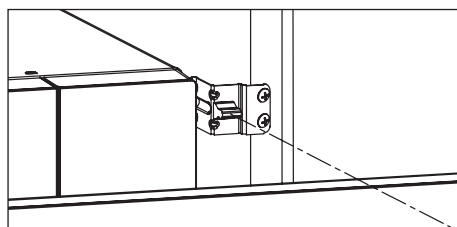
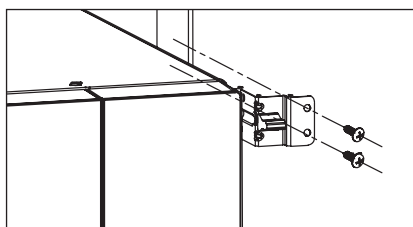


2. To fit the top air guide, align the guide with the holes in the top panel and screw into position.



3. Next, fit the 4 mounting brackets to the microwave using the self locking screws. Slotted holes in the brackets enable fine adjustment of the brackets position.

Installation



4. Slide the microwave into the tower unit, remembering to connect to a power supply before securing in position with the x8 wood screws provided.
5. Once the microwave is fully secure, the fascia trim can be clipped into position. Finally make any adjustments necessary to align the surrounding carcass doors.

TROUBLESHOOTING

The microwave will not switch on

- Check that the appliance has been connected to the mains supply correctly.
- Check that the fuse in the moulded plug has not blown.
- Check that the fuses in your fuse box have not blown.
- If fuses blow on a regular basis, then we would recommend that you consult with a qualified electrician.
- Check that there has not been a power cut.

The microwave will not start cooking?

- Check that the door is properly shut.
- Check that the door seal and surrounding area are clean.

The turntable is not turning?

- Check that the rotating base is connected to the drive motor correctly.
- Check that the ovenware is not larger than the rotating plate.
- Check that the food you are cooking does not extend beyond the rotating plate.
- Check that there is nothing underneath the rotating base that is preventing it from turning.

The microwave does not switch off?

- Isolate the microwave from your mains supply and then contact Lamona Customer Care .
- The interior light bulb is not working.
- Call the Lamona Customer Care Department. The interior light bulb can only be replaced by a trained service technician.

My food is not cooking properly?

- Check that the power level and cooking time that you have set, is appropriate for the food that you are cooking.
- If you are cooking a double amount of food, then you will normally need to almost double the cooking time.
- If the food that you have placed in the cavity is colder than normal, then the power level and cooking time may need to be increased.

I'm getting condensation in my oven?

- Steam and condensation are a natural by product of cooking in a microwave.
- Do not leave food in the oven to cool after it has been cooked and the oven has been switched off.
- Use a covered container, where practical, when cooking to reduce the amount of condensation that forms.
- You should wipe over any condensation that has formed, as soon as the food has stopped cooking

Please note that if an engineer is asked to attend whilst the product is under guarantee and finds that the problem is not the result of an appliance fault, then you may be liable for the cost of the call out charge.

YOUR GUARANTEE

Product Guarantee Details (UK only)

Your appliance has the benefit of a comprehensive manufacturer's guarantee which covers the cost of breakdown repairs. (Details of which are shown on your Proof of Purchase Document).

- Any claim during the period of the guarantee (MUST BE ACCOMPANIED BY THE PROOF OF PURCHASE)
- The product must be correctly installed and operated in accordance with the manufacturer's instructions and used for normal domestic purposes.
- This guarantee does not cover accidental damage, misuse or alterations which are likely to affect the product.
- The guarantee is invalid if the product is tampered with, or repaired by any unauthorised person.

(The guarantee in no way affects your statutory or legal rights)

What to do if you need to report a problem-

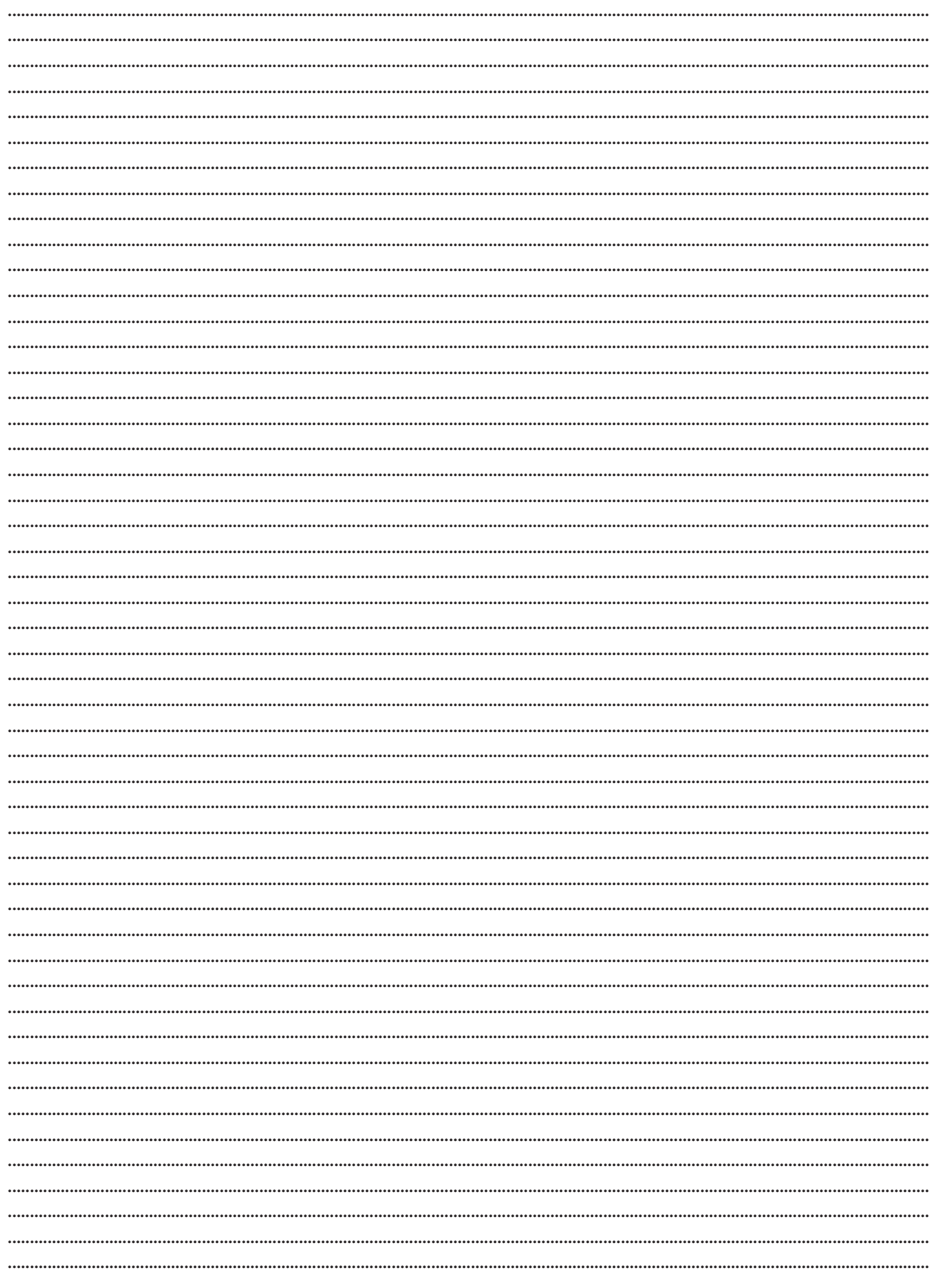
Please ensure you have ready:

- The product's model & serial numbers
- Howdens Proof of Purchase document
- Your full contact details.

Call the Lamona Service Line on 0845 00 60 006

NOTES

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CONTACT DETAILS

Lamona Customer Care
Telephone number (0845) 006 0006.

Lamona operates a policy of continuous improvement and reserves the right to adjust and modify its products without prior notification.